



MEILLEURES PERFORMANCES VAUDOISES 2020 HOMMES



Ce bilan athlétique représente les 10 meilleures performances réalisées par les athlètes masculins des clubs vaudois lors de la saison sur piste 2020.



100 METRES

| | | | | | | |
|-----|-------|--------------------------|------|-----------------|------------|------------------|
| 1. | 10"65 | Sylvain Chuard | 1996 | Lausanne-Sports | 04.07.2020 | Alle |
| 2. | 10"80 | Gaëtan Carusone | 1997 | FSG La Sarraz | 11.09.2020 | Bâle |
| 3. | 10"94 | Joel Ngimbi | 2000 | Lausanne-Sports | 11.07.2020 | Bulle |
| 4. | 11"01 | Tomas O'Sullivan | 2002 | Lausanne-Sports | 11.09.2020 | Bâle |
| 5. | 11"02 | Alan Pichonnaz | 2001 | Lausanne-Sports | 11.07.2020 | Bulle |
| 6. | 11"08 | Louis Quiblier | 2001 | Lausanne-Sports | 05.08.2020 | Langenthal |
| 7. | 11"09 | Marc Ependa | 1997 | CA Riviera | 15.08.2020 | Bassecourt |
| 8. | 11"17 | Romain Cerise | 2003 | Lausanne-Sports | 05.09.2020 | Lausanne |
| 9. | 11"36 | Jacques-Olivier Brodbeck | 2001 | CA Riviera | 26.08.2020 | La Chau-de-Fonds |
| 10. | 11"36 | Romain Peseux | 2001 | COVA Nyon | 26.09.2020 | Montreux |

200 METRES

| | | | | | | |
|-----|-------|---------------------|------|-----------------|------------|------------|
| 1. | 21"48 | Sylvain Chuard | 1996 | Lausanne-Sports | 27.06.2020 | Berne |
| 2. | 21"85 | Alain-Hervé Mfomkpa | 1996 | Lausanne-Sports | 15.07.2020 | Lausanne |
| 3. | 21"99 | Gaëtan Carusone | 1997 | FSG La Sarraz | 12.09.2020 | Bâle |
| 4. | 22"14 | Alan Pichonnaz | 2001 | Lausanne-Sports | 27.06.2020 | Berne |
| 5. | 22"14 | Tomas O'Sullivan | 2002 | Lausanne-Sports | 12.09.2020 | Bâle |
| 6. | 22"58 | Romain Cerise | 2003 | Lausanne-Sports | 15.07.2020 | Lausanne |
| 7. | 22"70 | Louis Quiblier | 2001 | Lausanne-Sports | 05.08.2020 | Langenthal |
| 8. | 22"76 | Joel Ngimbi | 2000 | Lausanne-Sports | 23.08.2020 | Frauenfeld |
| 9. | 22"92 | Erwan Ouakel | 2001 | CA Riviera | 15.07.2020 | Lausanne |
| 10. | 23"21 | Malcolm Jean Simon | 2004 | Lausanne-Sports | 15.07.2020 | Lausanne |

300 METRES

| | | | | | | |
|----|-------|---------------------|------|-----------------|------------|--------|
| 1. | 34"20 | Alain-Hervé Mfomkpa | 1996 | Lausanne-Sports | 14.06.2020 | Bulle |
| 2. | 34"56 | Sylvain Chuard | 1996 | Lausanne-Sports | 04.07.2020 | Alle |
| 3. | 35"73 | Alan Pichonnaz | 2001 | Lausanne-Sports | 20.06.2020 | Meilen |
| 4. | 39"31 | Luke Besson | 2004 | Stade Lausanne | 14.06.2020 | Bulle |
| 5. | 39"56 | Gaël Schneider | 1988 | CA Broyard | 14.06.2020 | Bulle |

400 METRES

| | | | | | | |
|----|-------|--------------------------|------|-----------------|------------|----------|
| 1. | 48"54 | Alain-Hervé Mfomkpa | 1996 | Lausanne-Sports | 30.08.2020 | Lausanne |
| 2. | 49"95 | Jacques-Olivier Brodbeck | 2001 | CA Riviera | 30.08.2020 | Lausanne |
| 3. | 50"59 | Timo Roth | 1994 | US Yverdon | 04.07.2020 | Yverdon |

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|-----|-------|-------------------|------|-----------------|------------|----------|
| 4. | 50"90 | Xavier Kolly | 2003 | ATHLE.ch | 30.08.2020 | Lausanne |
| 5. | 50"92 | Luca Corthésy | 1999 | Lausanne-Sports | 11.07.2020 | Bulle |
| 6. | 51"92 | Norberto Diale | 1996 | Lausanne-Sports | 27.06.2020 | Berne |
| 7. | 52"03 | Rémy Rossier | 2003 | Stade Lausanne | 28.06.2020 | Lausanne |
| 8. | 52"03 | Gaëtan Carusone | 1997 | FSG La Sarraz | 18.07.2020 | Montreux |
| 9. | 52"23 | Guillaume Laurent | 1990 | ATHLE.ch | 27.06.2020 | Berne |
| 10. | 52"46 | Arnaud Gilliéron | 2002 | ATHLE.ch | 04.07.2020 | Yverdon |

600 METRES

| | | | | | | |
|----|---------|------------------|------|----------------|------------|-----------|
| 1. | 1'26"10 | Pierre Fournier | 1985 | Stade Lausanne | 13.08.2020 | Colombier |
| 2. | 1'27"20 | Florian Thonney | 2003 | FSG Chexbres | 27.06.2020 | Berne |
| 3. | 1'27"58 | Nicolas Salvadé | 1995 | Stade Lausanne | 13.08.2020 | Colombier |
| 4. | 1'29"17 | Keanu Simasotchi | 2004 | Stade Lausanne | 13.08.2020 | Colombier |
| 5. | 1'29"20 | Timéo Beuchat | 2005 | FSG Morges | 05.09.2020 | Lausanne |
| 6. | 1'35"32 | Alexander Schwab | 2001 | CA Riviera | 13.08.2020 | Colombier |
| 7. | 1'38"29 | Timothée Evard | 2005 | Stade Lausanne | 13.08.2020 | Colombier |
| 8. | 1'39"31 | Thibault Rawyler | 2006 | FSG Penthalaz | 15.07.2020 | Lausanne |

800 METRES

| | | | | | | |
|-----|---------|-------------------|------|-----------------|------------|------------|
| 1. | 1'48"91 | Guillaume Laurent | 1990 | ATHLE.ch | 19.09.2020 | Ambilly |
| 2. | 1'53"38 | Xavier Kolly | 2003 | ATHLE.ch | 25.07.2020 | Riehen |
| 3. | 1'55"75 | Benjamin Alquier | 1990 | Lausanne-Sports | 20.06.2020 | Meilen |
| 4. | 1'56"50 | Rémy Rossier | 2003 | Stade Lausanne | 05.08.2020 | Langenthal |
| 5. | 1'56"56 | Timo Roth | 1994 | US Yverdon | 11.07.2020 | Bulle |
| 6. | 1'56"66 | Luca Corthésy | 1999 | Lausanne-Sports | 15.07.2020 | Lausanne |
| 7. | 1'57"17 | Moritz Ebbeskotte | 2003 | Stade Lausanne | 29.08.2020 | Thalwil |
| 8. | 1'57"97 | Arnaud Gilliéron | 2002 | ATHLE.ch | 15.07.2020 | Lausanne |
| 9. | 1'59"15 | Paul McIntyre | 2000 | Stade Lausanne | 29.08.2020 | Thalwil |
| 10. | 1'59"40 | Romain Fridez | 2004 | Lausanne-Sports | 05.09.2020 | Lausanne |

1000 METRES

| | | | | | | |
|-----|---------|--------------------|------|-----------------|------------|----------|
| 1. | 2'22"45 | Guillaume Laurent | 1990 | ATHLE.ch | 30.08.2020 | Lausanne |
| 2. | 2'29"99 | Timo Roth | 1994 | US Yverdon | 04.07.2020 | Yverdon |
| 3. | 2'31"81 | Benjamin Alquier | 1990 | Lausanne-Sports | 30.08.2020 | Lausanne |
| 4. | 2'32"01 | Thomas Wisler | 1998 | CA Riviera | 30.08.2020 | Lausanne |
| 5. | 2'34"00 | Moritz Ebbeskotte | 2003 | Stade Lausanne | 18.07.2020 | Montreux |
| 6. | 2'34"48 | Rémy Rossier | 2003 | Stade Lausanne | 18.07.2020 | Montreux |
| 7. | 2'35"11 | Timothée Antier | 1998 | COVA Nyon | 09.09.2020 | Martigny |
| 8. | 2'36"38 | Alexis Giraudineau | 1996 | Lausanne-Sports | 18.07.2020 | Montreux |
| 9. | 2'38"38 | Paul Deschamps | 1995 | ATHLE.ch | 16.09.2020 | Genève |
| 10. | 2'39"54 | Romain Fridez | 2004 | Lausanne-Sports | 18.07.2020 | Montreux |

1500 METRES

| | | | | | | |
|----|---------|-------------------|------|----------------|------------|-----------------|
| 1. | 3'58"19 | Moritz Ebbeskotte | 2003 | Stade Lausanne | 27.06.2020 | Berne |
| 2. | 3'58"51 | Timothée Antier | 1998 | COVA Nyon | 16.09.2020 | Genève |
| 3. | 4'00"77 | Paul McIntyre | 2000 | Stade Lausanne | 14.08.2020 | Rapperswil-Jona |
| 4. | 4'01"35 | Pierre Fournier | 1985 | Stade Lausanne | 05.08.2020 | Langenthal |
| 5. | 4'02"16 | Xavier Kolly | 2003 | ATHLE.ch | 27.06.2020 | Berne |
| 6. | 4'06"72 | Arnaud Gilliéron | 2002 | ATHLE.ch | 27.06.2020 | Berne |

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|-----|---------|--------------------|------|-----------------|------------|------------|
| 7. | 4'07"98 | Alexis Giraudineau | 1996 | Lausanne-Sports | 27.06.2020 | Berne |
| 8. | 4'08"77 | Emile Durussel | 1993 | US Yverdon | 08.08.2020 | Regensdorf |
| 9. | 4'10"89 | Clément Gilliéron | 2001 | ATHLE.ch | 22.08.2020 | Frauenfeld |
| 10. | 4'12"31 | Keanu Simasotchi | 2004 | Stade Lausanne | 06.09.2020 | Lausanne |

3000 METRES

| | | | | | | |
|----|----------|--------------------|------|------------------|------------|------------|
| 1. | 8'56"32 | Alexis Giraudineau | 1996 | Lausanne-Sports | 20.06.2020 | Meilen |
| 2. | 9'18"54 | Damien Birchmeier | 1996 | AG Forel-Savigny | 05.08.2020 | Langenthal |
| 3. | 9'24"72 | Maxime Walt | 1994 | Lausanne-Sports | 05.08.2020 | Langenthal |
| 4. | 9'35"19 | Maxence Hofer | 1998 | Stade Lausanne | 29.08.2020 | Thalwil |
| 5. | 10'09"81 | Thomas Giblin | 2003 | Stade Lausanne | 31.07.2020 | Aarau |

5000 METRES

| | | | | | | |
|-----|----------|--------------------|------|------------------|------------|------------|
| 1. | 14'28"72 | Adrien Briffod | 1994 | ATLET | 15.07.2020 | Lausanne |
| 2. | 14'39"80 | Benjamin Alquier | 1990 | Lausanne-Sports | 15.07.2020 | Lausanne |
| 3. | 14'58"76 | Thibaud Decurnex | 1998 | COVA Nyon | 15.07.2020 | Lausanne |
| 4. | 14'58"98 | Maxime Fluri | 1999 | Triviera kids | 22.08.2020 | Frauenfeld |
| 5. | 15'05"27 | Pierre Moraz | 1999 | ATLET | 08.08.2020 | Regensdorf |
| 6. | 15'13"12 | Alexis Giraudineau | 1996 | Lausanne-Sports | 15.07.2020 | Lausanne |
| 7. | 15'27"88 | Thomas Wisler | 1998 | CA Riviera | 11.09.2020 | Bâle |
| 8. | 16'04"39 | Antoine Grandjean | 1995 | Lausanne-Sports | 15.07.2020 | Lausanne |
| 9. | 16'37"80 | Damien Birchmeier | 1996 | AG Forel-Savigny | 21.08.2020 | Bulle |
| 10. | 16'49"95 | Enzo Todeschini | 1995 | Lausanne-Sports | 21.08.2020 | Bulle |

10000 METRES

| | | | | | | |
|----|----------|-----------------------|------|------------|------------|-------|
| 1. | 29'57"13 | Adrien Briffod | 1994 | ATLET | 26.06.2020 | Uster |
| 2. | 32'13"55 | Thibault Niederhauser | 1998 | CA Riviera | 26.06.2020 | Uster |

110 METRES HAIES

| | | | | | | |
|----|-------|------------------|------|----------------|------------|----------|
| 1. | 17"40 | Nicolas Le Paven | 1991 | Stade Lausanne | 28.06.2020 | Lausanne |
|----|-------|------------------|------|----------------|------------|----------|

400 METRES HAIES

| | | | | | | |
|----|---------|---------------------|------|-----------------|------------|-------------------|
| 1. | 50"20 | Alain-Hervé Mfomkpa | 1996 | Lausanne-Sports | 27.06.2020 | Berne |
| 2. | 56"69 | Sylvain Rayroud | 1991 | Stade Lausanne | 15.08.2020 | La Chaux-de-Fonds |
| 3. | 1'02"85 | Gaël Schneider | 1988 | CA Broyard | 11.07.2020 | Bulle |

HAUTEUR

| | | | | | | |
|-----|---------|--------------------|------|----------------|------------|-----------|
| 1. | 2,30 m. | Loïc Gasch | 1994 | US Yverdon | 31.07.2020 | Aarau |
| 2. | 2,10 m. | Vivien Streit | 1992 | US Yverdon | 24.07.2020 | Berne |
| 3. | 1,90 m. | Christopher Bettex | 2000 | CA Riviera | 28.06.2020 | Lausanne |
| 4. | 1,90 m. | Arno Tricarico | 2001 | FSG La Sarraz | 18.07.2020 | Montreux |
| 5. | 1,90 m. | Romain Peseux | 2001 | COVA Nyon | 06.08.2020 | La Sarraz |
| 6. | 1,80 m. | Romain Vaucher | 2004 | SG Moudon | 05.09.2020 | Lausanne |
| 7. | 1,75 m. | Noé Tellenbach | 2002 | COVA Nyon | 04.07.2020 | Genève |
| 8. | 1,75 m. | Steve Meystre | 1998 | Stade Lausanne | 26.09.2020 | Montreux |
| 9. | 1,70 m. | Elliott Rasch | 2002 | Stade Lausanne | 26.09.2020 | Montreux |
| 10. | 1,70 m. | Mathis Jabornigg | 2002 | CA Broyard | 26.09.2020 | Montreux |

PERCHE

| | | | | | | |
|----|---------|------------------|------|------------|------------|------|
| 1. | 4,90 m. | Frédéric Matthys | 1998 | CA Riviera | 11.09.2020 | Bâle |
|----|---------|------------------|------|------------|------------|------|

LONGUEUR

| | | | | | | |
|-----|---------|------------------------|------|-----------------|------------|-------------------|
| 1. | 7,14 m. | Steve Meystre | 1998 | Stade Lausanne | 15.08.2020 | La Chaux-de-Fonds |
| 2. | 6,93 m. | Christopher Bettex | 2000 | CA Riviera | 27.06.2020 | Berne |
| 3. | 6,84 m. | Romain Cerise | 2003 | Lausanne-Sports | 18.06.2020 | Lausanne |
| 4. | 6,72 m. | Romain Peseux | 2001 | COVA Nyon | 16.09.2020 | Genève |
| 5. | 6,11 m. | Noé Tellenbach | 2002 | COVA Nyon | 04.07.2020 | Genève |
| 6. | 6,11 m. | Amine Benlaroui | 2004 | Stade Lausanne | 06.08.2020 | La Sarraz |
| 7. | 6,04 m. | Gavrilo Rnjak | 2003 | FSG La Sarraz | 08.07.2020 | Berne |
| 8. | 5,92 m. | Pierre-Adrien Lagrange | 1985 | Stade Lausanne | 26.09.2020 | Bellinzone |
| 9. | 5,85 m. | Himesh Kanattage | 2003 | Stade Lausanne | 06.08.2020 | La Sarraz |
| 10. | 5,85 m. | Nicolas Meylan | 2003 | Gym Rolle | 10.10.2020 | Alle |

TRIPLE

| | | | | | | |
|----|----------|------------------------|------|----------------|------------|------------|
| 1. | 11,84 m. | Pierre-Adrien Lagrange | 1985 | Stade Lausanne | 26.09.2020 | Bellinzone |
| 2. | 11,59 m. | Lucas Cantoni | 2001 | FSG La Sarraz | 06.08.2020 | La Sarraz |
| 3. | 11,50 m. | Léonard Giacometti | 2004 | Stade Lausanne | 28.06.2020 | Lausanne |
| 4. | 9,51 m. | Jean-Claude Deriaz | 1967 | US Yverdon | 04.07.2020 | Yverdon |

POIDS

| | | | | | | |
|----|----------|------------------------|------|-----------------|------------|------------|
| 1. | 13,75 m. | Yvan Chapuis | 1971 | CA Riviera | 28.06.2020 | Lausanne |
| 2. | 13,68 m. | Florent Ramseier | 1999 | CA Riviera | 23.08.2020 | Frauenfeld |
| 3. | 11,93 m. | Steve Meystre | 1998 | Stade Lausanne | 26.09.2020 | Montreux |
| 4. | 11,31 m. | Pierre-Adrien Lagrange | 1985 | Stade Lausanne | 26.09.2020 | Bellinzone |
| 5. | 9,95 m. | Claudio Lazazzera | 1978 | Lausanne-Sports | 26.09.2020 | Bellinzone |
| 6. | 8,74 m. | Sylvain Rayroud | 1991 | Stade Lausanne | 18.06.2020 | Lausanne |
| 7. | 8,62 m. | Christopher Bettex | 2000 | CA Riviera | 26.09.2020 | Montreux |
| 8. | 7,90 m. | Nicolas Le Paven | 1991 | Stade Lausanne | 26.09.2020 | Montreux |

DISQUE

| | | | | | | |
|----|----------|-------------------|------|-----------------|------------|--------|
| 1. | 32,43 m. | Emilien Vallotton | 1994 | US Yverdon | 29.02.2020 | Zurich |
| 2. | 27,55 m. | Silvan Keller | 1975 | Lausanne-Sports | 19.09.2020 | Vétroz |

JAVELOT

| | | | | | | |
|----|----------|-----------------|------|-----------------|------------|----------|
| 1. | 44,30 m. | Nicolas Strahm | 1984 | Lausanne-Sports | 28.06.2020 | Lausanne |
| 2. | 39,50 m. | Sylvain Rayroud | 1991 | Stade Lausanne | 18.06.2020 | Lausanne |
| 3. | 38,28 m. | Simon Ferrari | 2000 | CA Riviera | 18.06.2020 | Lausanne |
| 4. | 36,80 m. | Fabien Mazzieri | 1998 | CA Riviera | 18.06.2020 | Lausanne |

PENTATHLON

| | | | | | | |
|----|----------|--------------------|------|-----------------|------------|----------|
| 1. | 3'594 p. | Steve Meystre | 1998 | Stade Lausanne | 26.09.2020 | Montreux |
| 2. | 3'433 p. | Christopher Bettex | 2000 | CA Riviera | 26.09.2020 | Montreux |
| 3. | 3'132 p. | Nicolas Le Paven | 1991 | Stade Lausanne | 26.09.2020 | Montreux |
| 4. | 3'004 p. | Tayron Magnin | 1999 | Lausanne-Sports | 26.09.2020 | Montreux |